COMPOSITION RESTRAINT

# Empty space has to carry weight.

Use this when a quiet frame needs space but you are not sure whether the space is helping or just making the image empty.

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|---|---|---|
| 01 | **Direction** | Where does the space point? |
| 02 | **Mood** | What feeling does it hold? |
| 03 | **Scale** | What becomes larger or smaller? |
| 04 | **Breath** | Does it calm the frame? |
| 05 | **Anchor** | What keeps it from floating? |

**Quick reminder**

Empty space should do a job.

**Final check**

Quiet does not mean careless.